

# ATHLETIC TRAINING STUDENT AIDE (ATSA) PROGRAM

## What is the ATSA Program?

The Athletic Training Student Aide (ATSA) Program allows high school students the opportunity to observe the daily professional duties and responsibilities of an athletic trainer. This unique experience will expose students to the foundations of various sports medicine careers as well as provide them with important life skills.

ATSA learn various skills in first aid, orthopedic rehabilitation, emergency care, medical facility maintenance, healthcare administration, communication with other health care disciplines, and professionalism. Many students additionally choose to take advantage of the AT's affiliation with KOC by pursuing opportunities to shadow orthopedic physicians or physical therapists, and observe orthopedic surgeries.

Students interested in learning more about the ATSA program should review the application and handbook below. Applications are currently being accepted to determine the 2025-26 cohort.

Read the article by **The Bark** on the ATSA Program: [Bearden's athletic training program provides students with practical healthcare experience](#) (by Ella Parker – December 6, 2022).

For additional questions regarding the ATSA program, please email the athletic trainer at [nicole.medina@kocortho.com](mailto:nicole.medina@kocortho.com).

## How to Apply

1. Please fill out an [ATSA Application](#) after reading it carefully with your parent/guardian. Additionally review the [ATSA Handbook](#) for more details on basic skills ATSA can expect to learn within the first semester.
2. Application does not ensure acceptance into the program. The number of ATSA the athletic trainer supervises each semester is at the athletic trainer's discretion and can change at any time based on other responsibilities and supervisory availability.
3. The time commitment required to participate in ATSA is roughly the equivalent of joining a sports team at BHS and frequently involves nights and some weekend activities.

## Current Members



Class of 2025 | Joined Fall 2022

**Addy Faerber** (not pictured)  
Class of 2027 | Joined Fall 2025

## Past Members



Class of 2024 | Joined Fall 2023



Senior banner headshots sponsored by BHS Team Physician Dr. Edwin Spencer of Knoxville Orthopaedic Clinic (KOC). Photography provided by the talented [Danny Parker](#).

**Owen Marsh** (not pictured) | Class of 2021